



# TARA DANCE ACADEMY

IRISH DANCING SCHOOL

# MILAN FEIS

29 MAY 2022

## SPAZIO MIL

VIA GRANELLI 1 - SESTO SAN GIOVANNI



Regional Council  
Continental Europe & Asia

An Coimisiun le Rinci Gaelacha  
The Irish Dancing Commission



Ambasáid na hÉireann | An Iodáil  
Embassy of Ireland | Italy  
Ambasciata d'Irlanda | Italia



Comune di  
Sesto San Giovanni

# CEAD MILE FAILTE!

Dear Teachers, Parents, Dancers and above all friends

A very warm welcome is extended to you from Milan.

We are beyond happy to be able to run our feis. and welcome our esteemed adjudicators **Brian Corrigan** and **Darina Corrigan-White**. We have the wonderful musician from Glasgow, **Seamus O'Sullivan**.

We will be running competitions for all grades and ages, including the popular Adult championship and continue to have our Ceili Club competitions We have the regular Ceili dance competitions as well as progressive Ceili dances. To encourage our younger dancers we have introduced an under 6 premier championship.

There is the Regina Bromley Memorial Trophy, which will see the winners of the beginners and primary trophies dancing step down the line to win this prize.

Way back in 2019 we introduced the Master of Traditional Sets, open to all levels. This was a highly popular competition, so we have included in our syllabus this year.

**Sashes will be given to the top three dancers in the championships and to the first place in Trophy Competitions and Traditional sets .**

Ryanair run flights from Dublin, London and all major European cities and towns direct to Milan. AerLingus also offers direct flights. EasyJet also has some great offers from London and Edinburgh and other major European cities.

For teachers, we can offer a full hospitality suite operating throughout the day, where you are welcome to come along and relax, chat and have a bite to eat.

The Tara School would like to thank you for your support over the years and we look forward to welcoming you all again this year to celebrate Milan Feis with us.

Check out our web-site <http://www.italianfeis.com>, & <http://www.taraschool.it>

Tara Dance Academy.

**Esther Bromley** BG, **Biagio Mineo** TMRF  
**Deirdre McCready** TCRG, **Daniele Rigamonti** TMRF  
**Silvia Lombardi** TMRF

# Syllabus Milan Feis 2022

Domenica/Sunday

8,00

<b>Beginner</b>		<b>Stage 1</b>		<b>Stage 2</b>
Reel	1	25 to 35	1a	O 35
Light Jig	2	25 to 35	2a	O 35
Single Jig	3	25 to 35	3a	O 35
Slip Jig	4	25 to 35	4a	O 35
Trophy Comp.Light	5	25 to 35	5a	O 35
Heavy Jig	6	25 to 35	6a	O 35
Hornpipe	7	25 to 35	7a	O 35
Trophy Comp.Heavy	8	25 to 35	8a	O 35

## 08,45 Results in Hall B

<b>Beginner</b>		<b>Stage 1</b>		<b>Stage 2</b>
Reel	9	12 to 18	9a	8 to 12
Light Jig	10	12 to 18	10a	8 to 12
Single Jig	11	12 to 18	11a	8 to 12
Slip Jig	12	12 to 18	12a	8 to 12
Trophy Comp.Light	13	12 to 18	13a	8 to 12
Heavy Jig	14	12 to 18	14a	8 to 12
Hornpipe	15	12 to 18	15a	8 to 12
Trophy Comp. Heavy	16	12 to 18	16a	8 to 12

## 09,40 Results in Hall B

<b>Beginner</b>		<b>Stage 1</b>		<b>Stage 2</b>
Reel	17	18 to 25	17a	U 8
Light Jig	18	18 to 25	18a	U 8
Single Jig	19	18 to 25	19a	U 8
Slip Jig	20	18 to 25	20a	U 8
Trophy Comp.Light	21	18 to 25	21a	U 8
Heavy Jig	22	18 to 25	22a	U 8
Hornpipe	23	18 to 25	23a	U 8
Trophy Comp. Heavy	24	18 to 25	24a	U 8

## 10,40 Results in Hall B

Reel Novice	25	U 6
2 Hand	26	U 10

<b>Primary</b>		<b>Stage 1</b>		<b>Stage 2</b>
Reel	27 & 27a	O 35 & U 12	27b	25 to 35
Light Jig	28 & 28a	O 35 & U 12	28b	25 to 35
Single Jig	29 & 29a	O 35 & U 12	29b	25 to 35
Slip Jig	30 & 30a	O 35 & U 12	30b	25 to 35
Trophy Comp.Light	31 & 31a	O 35 & U 12	31b	25 to 35
Heavy Jig	32 & 32a	O 35 & U 12	32b	25 to 35
Hornpipe	33 & 33a	O 35 & U 12	33b	25 to 35
Trophy Comp.Heavy	34 & 34a	O 35 & U 12	34b	25 to 35
Trad. Set	35 & 35a	O 35 & U 12	35b	25 to 35

## 11,40 Results in Hall B

<b>Primary</b>		<b>Stage 1</b>		<b>Stage 2</b>
Reel	36	18 to 25	36a	12 to 18
Light Jig	37	18 to 25	37a	12 to 18
Single Jig	38	18 to 25	38a	12 to 18
Slip Jig	39	18 to 25	39a	12 to 18
Trophy Comp.Light	40	18 to 25	40a	12 to 18

Heavy Jig	41	18 to 25	41a	12 to 18
Hornpipe	42	18 to 25	42a	12 to 18
Trophy Comp.Heavy	43	18 to 25	43a	12 to 18
Trad. Set	44	18 to 25	44a	12 to 18

Beginner/Primary				
Treble Reel	45	U 20	45a	O 20

Ceili	Stage 1		Stage 2	
2 Hand	46	10 To 16	46a	O 25
2 Hand	47	U 25		
3 Hand	48	U 20	48a	O 20
4 Hand	49	U 20	49a	O 20
6/8 Hand	50	U 20	50a	O 20
Ceili dance	51	all ages	51a	Ceili Club

Master of Trad. Set	52	U 20	52a	O 20
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Beg/Prim	The Regina Bromley Memorial Trophy	U 25
Beg/Prim	The Regina Bromley Memorial Trophy	O 25

13,30 to 14,30 results & lunch Break

Intermediate/Open	Stage 1		Stage 2	
Reel	53 & 53a	U 12 & O 35	53b	12 to 18
Slip Jig	54 & 54a	U 12 & O 35	54b	12 to 18
Trophy Comp.Light	55 & 55a	U 12 & O 35	55b	12 to 18
Heavy Jig	56 & 56a	U 12 & O 35	56b	12 to 18
Hornpipe	57 & 57a	U 12 & O 35	57b	12 to 18
Trophy Comp.Heavy	58 & 58a	U 12 & O 35	58b	12 to 18
Trad. Set	59 & 59a	U 12 & O 35	59b	12 to 18

15,20 Results in Hall B

Intermediate/Open	Stage 1		Stage 2	
Reel	60	25 to 35	60a	18 to 25
Slip Jig	61	25 to 35	61a	18 to 25
Trophy Comp.Light	62	25 to 35	62a	18 to 25
Heavy Jig	63	25 to 35	63a	18 to 25
Hornpipe	64	25 to 35	64a	18 to 25
Trophy Comp.Heavy	65	25 to 35	65a	18 to 25
Trad. Set	66	25 to 35	66a	18 to 25

Treble Reel	67	U 20	67a	O 20
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16,15 Results in the Main Hall

Premier Championship	Stage 1			
	100	U 6	101	U 8
	102	8 to 12	103	12 to 16
	104	16 to 20	105	O 20

Adults Premier Championship				
	106	U 35	107	O 35

Adults Modern Set	108	O 20		
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Finish approx 21,00



## Regional Council of Continental Europe & Asia



### FEIS RULES

- The Feis will run in accordance with the Rules of **An Coimisiún Le Rincí Gaelacha**.
- Entries will only be accepted from persons currently registered with An Coimisiún.

## GRADE COMPETITION RULES

1. **Beginners Grade** competitions are confined to dancers who have never won 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> prize (please refer to the grid) in any competition for that particular dance.
2. In **Beginners Grade** competitions only basic steps may be performed.
3. **Primary Grade** competitions are confined to dancers who have never won 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> prize (please refer to the grid) for that particular dance other than in Beginners Grade.
4. **Intermediate Grade** competitions are open to all dancers who have not previously won 1<sup>st</sup> or 2<sup>nd</sup> prize (please refer to the grid) for that particular dance in Intermediate under the same or higher age limits. If a dancer in Continental Europe and Asia wins in Intermediate, they advance to the next level for the rest of the calendar year. Teachers can move dancers back at their own discretion at the start of the next calendar year.

Grade	Number of Entries	Number of Dancers to progress
Beginner	5 or less	0
Beginner	6 to 10	1 <sup>st</sup> & 2 <sup>nd</sup> Place
Beginner	+ 11	1 <sup>st</sup> , 2 <sup>nd</sup> & 3 <sup>rd</sup> Place
Primary	5 or less	0
Primary	6 to 10	1 <sup>st</sup> Place
Primary	11 to 20	1 <sup>st</sup> & 2 <sup>nd</sup> Place
Primary	+ 20	1 <sup>st</sup> , 2 <sup>nd</sup> & 3 <sup>rd</sup> Place
Intermediate	5 or less	0
Intermediate	6 to 10	1 <sup>st</sup> Place
Intermediate	+ 11	1 <sup>st</sup> & 2 <sup>nd</sup> Place

5. For all **Beginner, Primary** and **Intermediate** competitions (excluding trophy competitions) the 32 bar method will be applied.  
**Two and three hands** are danced to 40 bars of music.  
**Ceili and figure dances** are subject to the rules applied at Oireachtasi.  
All **Open Championship** dancers will be required to dance to 48 bars of music in the reel and jig and 40 bars in the slip-jig and hornpipe.

### MUSIC SPEEDS

Dance	Beginner	Primary	Intermediate/Open
Reel	121/123	116/118	113
Light Jig	116	116	116
Single Jig	124	124	124
Slip Jig	121	118	113
Heavy Jig	89	79	73
Hornpipe	142	130	113

## TROPHY, PRELIMINARY CHAMPIONSHIP & CHAMPIONSHIP RULES

6. **Beginner, Primary, Intermediate & Open Trophy Competitions**, Dancers will dance 16 bars down the line in their chosen dance(s).
7. **Traditional Set Dance** competitions, dancers will have a choice out of 7 traditional dance: St. Patrick's Day, Blackbird, Job of Journeywork, Garden of Daisies, King of Fairies, Jockey to the Fair & Three sea Captains. If a dancer win a first place in any traditional set dance competition, that dancer move on the next level in all 7 traditional set dances.
8. **Premier Championships Under 6 Comp. 100**, dancers will be required to dance 32 bars of music 1st round Reel 2nd round Light Jig.
9. **Premier Championships Under 8 Comp.101**, dancers will be required to dance 1st round Reel or Slip Jig, 2nd round Heavy Jig or Hornpipe, and 3rd round Modern set or Trad. Set
10. **Premier Championships Comp. 102, 103, 104, 105, will be judged by One adjudicator**, as two solos and then an overall result. Dancers will be required to dance 48 bars of music for the Reel & Heavy Jig, and 40 for Slip Jig & Hornpipe & Modern Set. If there are more than 10 in the competition there may be a recall for the Modern Set round.

11. **Adult Championships Comp. 105 & 106 will be judged by One adjudicator**, Dancers are required to dance to 32 bars of music and will dance a choice of soft shoe (Reel or Slip Jig for ladies and Reel for gentlemen), heavy shoe (Heavy Jig or Hornpipe) and a Traditional Set. The competitions are open to dancers of Intermediate and above level who have never won a 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> place in an Open Championship and are not participating in a full Open Championship at the same feis.
12. Where there are 5 or less dancers in any Championship placement will not affect grading.

## **OFFICIAL CLRG RULES**

13. The lodgment of an entry will be taken to mean that teachers and pupils understand these rules and undertake to abide by them.
14. Objections must be lodged in writing within one hour of the announcement of the result of a competition accompanied by a fee of 40 Euro, which will be refunded if the objection is upheld.
15. The Adjudicators' decisions are final.
16. Only Feis officials may approach the adjudicators during competition sessions.
17. Age will be taken as on 1st January 2022 (whatever age you turn this year, in 2022), you dance under that age all year long, e.g. if a dancer's date of birth is 29 May 2012, he/she dances under 10 in the year 2022). Evidence of age may be requested, therefore dancers should have a valid ID with them in the event of a query as to their age.
18. Competitors must be in costume and ready to dance 30 minutes before their competitions are scheduled.
19. The dress code in accordance with An Coimisiún rules will be strictly observed. For the sake of modesty and in the interest of safety to young people, dancers will not be permitted to walk around the Feis scantily dressed.
20. All **Beginners** and **Primary** dancers of all age groups may only wear a class costume, simple dancewear or appropriate attire (skirt and top/blouse, simple dress for girls and ladies, trousers and t-shirt/shirt for boys and gents. Make-up is not permitted for any dancer in the first two grades up to and including the Under 12 age group worldwide.
21. The Costume Rules of An Coimisiún, as amended, also apply in Continental Europe and Asia; it can be found in the "Rules" section on [www.clrq.ie](http://www.clrq.ie) for reference. Female adult dancers participating in competitions entitled 'adult competition' and/or 'adult grade competition' (both solo and team) are required to wear tights of a denier not less than 70.
22. Team dances (four hands and upward) must be performed as per the Coimisiún handbook "Ar Rinci Ceili".

23. By entering in competitions, dancers (or their legal representatives, in case of minors) consent to their names being stated in the feis results and in the public Internet archives or any other feis entry/results system as may replace it.
24. Provided that dancers are not disturbed by flashlights or the like, photography and video recording by persons other than official feis photographers is allowed during Beginners and Primary competitions and during **all** award ceremonies.  
During **Intermediate, Preliminary and Open** competitions, ONLY the official feis photographer is permitted to take photos.  
Those who do not wish to be photographed should make themselves known to the Feis Organisers.
25. An Coimisiun has ruled that from 1st January each year, no block, en pointe, stationary or moving, be allowed to be performed for all ages up to and including the under 12 age group worldwide. The Under 12 Age Group will be allowed to toe walk from September 1st.
26. Within the limits specified in the Rules of An Coimisiún, the Organisers may at their discretion cancel or combine competitions with insufficient entries.
27. Order and quiet must be kept in the hall, particularly while competitors are dancing.
28. The Feis organisers cannot accept any liability for injury or loss or damage to property while on the premises.
29. No refunds will be made.

## **EXTRA FEIS RULES**

30. Dancers competing in the Treble Reel Competitions will dance 16 bars down the line Free Style. Therefore use of hands and non-traditional dance wear are permitted.
31. **Master of Traditional Sets. Comp.52 & 52a , are open to all levels.** Dancers will be required to dance 3 traditional sets. 1<sup>st</sup> round St. Patrick's Day, 2<sup>nd</sup> Round Blackbird and in the 3<sup>rd</sup> round dancers may choose between - Job of Journeywork, Garden of Daisies, King of the Fairies, Jockey to the Fair & Three Sea Captains.(No Grade advance for this competition).
32. **The Adults Modern set Comp. 108,** is a competition open to dancers who participate in Adult Competitions & Adults Open Championships
33. **The Regina Bromley Memorial Trophy is a special competition only open to all of the winners of the Beginner/Primary Trophies. U25 & O25**
34. **Ceili Dance competitions 51** is a choice of follow dances, Rakes of Mallow, Siege of Ennis, Siege of Carrick, The Bridge of Athlone, Harvest Time Jig, Waves of Tory, Walls of Limerick, Bonfire Dance, An Rince Mor, Glencar Reel, Antrim Reel, Rince Fada, Haste to the Wedding.
35. **Ceili Club competitions 51a** is a choice of follow dances, Rakes of Mallow, Siege of Ennis, Siege of Carrick, The Bridge of Athlone, Harvest Time Jig, Waves of Tory, Walls of Limerick, Bonfire Dance, An Rince Mor, Glencar Reel, Antrim Reel, Rince Fada, Haste to the Wedding, **The Competition is open to all ages and to all dancers who DO NOT participate in Solo competitions, however as a Special concession 1 person per Team who participates in solo competitions may be included in the Ceili Club Team( after informing the local Organiser).**



## *Milan Feis Entries 2022*

### Fees

Solo Competitions	5.00 Euro
Team Competitions	4.00 Euro
* Special Trophies	6.50 Euro
Premier championships	22.00 Euro
Master of Trad. Set	10.00 Euro

(\* Beginner, Primary & Intermediate Trophy, Traditional Set, Treble reel)

### Online registration only by teachers

Registration can be done by using the registration system [www.feisinfo.org](http://www.feisinfo.org)

Entries to be received no later than

Sunday 22<sup>nd</sup> May 2022

Payment by 23<sup>rd</sup> May 2022

**PAYMENTS SHOULD BE MADE TO**

AICS THE TARA SCHOOL OF IRISH DANCING

Unicredit Banca

Account (conto) 103560504

IBAN IT90T0200820700000103560504

SWIFT UNCRITM1D08

Please note that cheques will **NOT** be accepted.

Accommodation / Travel Information can be found on our Feis website :

[www.italianfeis.com](http://www.italianfeis.com)

[www.taraschool.it](http://www.taraschool.it)